

GROUNDWORK

Packages

*Building the human foundation
healthy leadership grows from.*



Foundation - The Basics
Formation - Going Deeper
Flourish - Become Established

Recommended participant maximum of 12.

All Packages require a flat equine facility and horse fee.

*All packages include classroom training and horse-guided experiential learning.
Lunch is not included.*

Package Descriptions

FOUNDATION The Basics

4-hour experience

A foundational introduction to the human dynamics beneath healthy leadership, communication, trust, and culture.

Schedule:

- 2-hour classroom session
- Lunch / Break (*food not included in cost*)
- 90 minute horse-guided experiential learning session
- 30 minute Debrief Discussion

FORMATION

Going Deeper

6-hour experience

An extended experience that allows participants to move beyond understanding concepts and begin practicing them through reflection, discussion, and direct experiential learning.

Schedule:

- 2-hour classroom session
- 1-hour horse-guided experiential learning session
- Lunch Break (*Food not included in cost*)
- 1-hour classroom integration session with discussion
- 75 minute horse-guided session with participant involvement
- 45 minute debrief

The Formation experience may be divided across two consecutive days. Additional travel or venue costs may apply.

FLOURISH

Becoming Established

6-hour experience + follow-up integration

The most complete Groundwork experience. Flourish includes the Formation experience plus a follow-up session designed to help participants transfer the learning into their everyday environments.

Schedule:

- Everything in Formation
- 2-hour follow-up integration session scheduled within four months

The follow-up session includes:

- group reflection and discussion
- practical application to real-life workplace situations
- problem-solving around challenges that have emerged
- individually tailored resources and next steps

The follow-up may take place at the client's location or via video conference.

Pricing varies with size of group and location. Non-profit discounts are also available.

Contact Jaime for specific pricing.

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